Prayer of St. Francis of Assisi

Lord, make me an instrument of your peace.

Where this is hatred, let me sow love;

Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light

And where there is sadness, joy.

O Divine Master,

grant that I may not so much seek to be consoled

as to console;

to be understood as to understand;

to be loved as to love.

For it is in giving that we receive;

It is in pardoning that we are pardoned,

and it is in dying that we are born to eternal life.